



Pilates Timetable

Please note, all our classes are currently being conducted online only. We hope to offer some face-to-face classes in Term 1 2022.

Day	Time	Type	Location
Tuesday	6:30 PM - 7:25 PM	Online	Online
Wednesday	7 PM - 7:55 PM	Online	Online
Saturday	8 AM - 8:55 AM	Online	Online

Bookings are essential! Please call the clinic on 9620 4948 to purchase a pack or to check casual availability.